

The message and emotion behind the media

Lesson 3



Identify the basic emotions we feel (happy, sad, angry, bored, surprised, scared) and suggest what these basic emotions might 'look' like

Lesson Objective The children should be able to identify the basic emotions (happy, sad, angry, bored, surprised, scared) we feel and suggest what these basic emotions might 'look' like.

Learning Outcome Identify the basic emotions (happy, sad, angry, bored, surprised, scared) we feel.

Teacher's Notes Our emotions are part of who we are and we can feel lots of different emotions throughout the day.

Resources

- *The Message and Emotion Behind the Media* video
- *What is the Emotion?* interactive activity
- Activity 3.1

Methodology

- Talk and discussion – Feelings, Name the Feeling
- Active learning – Name the Feeling
- Collaborative learning – Name the Feeling
- Skills through content – *What is the Emotion?* interactive activity, *The Message and Emotion Behind the Media* video

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Procedure

Step 1: Feelings

- Ask the children if they can name any emotions that they feel?

The children may suggest happy, sad, worried, angry, bored, interested, surprised, scared.

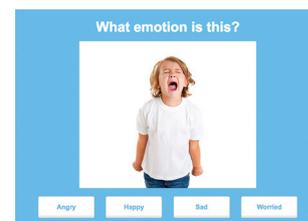
- Ask the children when would they feel happy, sad, worried, angry, bored, interested, surprised, scared?
- Ask the children what would their face look like if they felt happy, sad, worried, angry, bored, interested, surprised, scared?
- The teacher could model what their face would look like if they felt happy, sad, worried, angry, bored, interested, surprised, scared.
- Encourage the children to show one another their different facial expressions.

Step 2: Name the feeling

- Going around the class ask each student to make a face or action of an emotion – happy, sad, worried, angry, bored, interested, surprised, scared, and the other children guess what emotion they are showing.
- Then in pairs or groups, ask the children to make a face or action of an emotion and ask their partners to guess what emotion it is.

Step 3: What is the Emotion? Interactive Activity

- Explain to the children that they can try an interactive activity to guess the different emotions of some children.
- Open the *What is the Emotion?* interactive activity from the MediaWise website, www.MediaWise.ie, which focuses on the emotions happy, sad, angry and worried.
- Allow the children to guess what emotion each child is expressing on their face.
- Ask the class to guess why these children may be feeling such emotions.
- Allow the children to mimic the emotions they see on the screen, and to explain when they have felt these emotions.



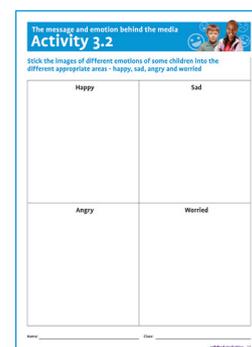
Interactive Activity

Step 4: Feelings Activity

- Explain to the children that they are going to do an activity using what they have just learned.
- Using Activity 3.1 the children can cut out the cut-out images of the different emotions of some children.
- They can then stick the images into the different appropriate areas – happy, sad, angry and worried on Activity 3.2.
- After the children have completed the activity, use *What is the Emotion* interactive activity from MediaWise website, www.MediaWise.ie, to check they have sorted the images into the correct side.



Activity 3.1



Activity 3.2

Step 5: The Message and Emotion Behind the Media Video

- Tell the children that they are going to watch a short video about feelings and the media.
- Play *The Message and Emotion Behind the Media* video from the MediaWise website, www.MediaWise.ie
- Pause the video and ask the children if they have seen any of the examples.
- After the video, ask the children if they saw or heard any new information.
- Explain to the children that they will continue to learn about feelings and the media, but in the meantime they should keep an eye and ear out for any media messages that they see and hear, and to think how they make them feel.



Video